

Practical
Proven
People
Performance
Programs



The **B·E·S·T** Change Management System for Leaders

**'Inspiring and motivating leaders to influence and improve their teams'
performance'**

If there is one element every one has experienced in business it is CHANGE. Some of us resist it, others relish in it and some create it. For all of us, change has a fundamental effect on our orientation, our energy patterns, and our ability to perform. Sometimes change is easy, comfortable, constructive and useful, however, most times it is not. Unless change is managed well and responded to positively, it can become painful and destructive.

Our challenge is to not only manage change, it is to learn to thrive and grow with change and achieve successful outcomes.

In this program we explore some of our choices and opportunities - in times of change. The BEST Change Management System provides a practical but powerful model, established through both extensive research and on-the-ground experience and a vital tool for those who are keen to thrive over the next few years of change.

Our Proven Program includes:

- Theories of motivation and performance
- Understanding issues of orientation and identity
- Working with behavioural and cultural diversity
- The path of least resistance
- The three laws of Enlightened Leadership
- Simple Steps for Negotiation and Conflict Resolution
- Consultative goal establishment strategies
- Coaching and counselling systems and skills
- Fundamentals of project management
- Action plans and commitments.

Why Progress Training Works

Progress Program Design and Methodology

At Progress Training Systems we undertake extensive briefings and orientation activities with clients to ensure we understand your corporate culture, terminology and procedures. We conduct diagnostic evaluations to enable us, in partnership with you, to tailor and customise the selected program to suit your organisation's style, services and other development activities.

The BEST Change Management System can be conducted as a stand-alone intensive one-day workshop, or as a customised component of the BEST Leadership Development Program which would be held over 2-3 days.

This program is aimed at leaders, with tools provided for cascading change management strategies throughout the organisation. The work level is demanding and intensive, requiring full energy and involvement. The ground rules and guidelines, however, provide a safe environment for open participation with confidentiality and respect a continuing requirement.

For further information on ways that Progress Training Systems can help your organisation Progress further, call today on M 0411 358 333 or email admin@progress.com.au.