

Practical  
Proven  
People  
Performance  
Programs



Progress.

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# The **B·E·S·T** Business Intensive - Coaching for Results

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‘Motivating and empowering your people to perform at their BEST for your organisation’

This intensive workshop provides you with skills and strategies to influence, guide, teach, demonstrate and negotiate behaviours to drive performance through self-motivated people.

You’ll get proven easily followed steps for an effective coaching process to build skills. You’ll also discover how to create a shift in will, providing motivational guidance. Coaches need to help their people find the answers that are right for them - giving them the confidence to bring out the best in themselves, to live up to their own potential, to reach their own goals.

Our Proven 2 hour program includes:

- The definition and description of a successful coach
- What the BEST coaches do
- The Three Laws of Enlightened Leadership
- The BEST Performance Coaching System, processes and practice
- Reward and recognition, and their role in coaching effectiveness
- Coaching resistance and how to manage it
- Follow up and follow through

You’ll be given a workbook - so just bring yourself, a pen, an open mind and a commitment to become the BEST coach you can be.

For further information on ways that Progress Training Systems can help your organisation Progress further call today on +61 29527 2280 or email [admin@progress.com.au](mailto:admin@progress.com.au)