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# The **B·E·S·T** Presentation Skills System

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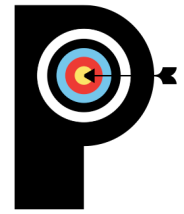
‘Empowering people to design, deliver and present effectively’

According to some interpretations of the Book of Lists, it seems that some of us would rather die than speak in public. It is most definitely a learned skill – not one of us was born with it. And while some of us learned early in life, most of us did not. For many, the ability to present easily and effectively in public is an essential requirement of our workplace performance.

This workshop has been designed and developed by a full-time professional speaker, from the understanding gained during an extensive career in people development and organisational leadership. It encompasses skill sets and mindsets evolved over years of development in management, training, facilitation and professional public speaking on international platforms.

## **Our Proven Program includes:**

- The Six P’s for Speaking Success
- The BEST Secret for Stunningly Successful Speaking
- Claiming the Right- delivering with confidence, power and energy
- Structuring your presentation easily and successfully
- Working with Three V’s to ensure maximum impact
- Using simple Neuro Linguistic Programming skills to deliver effectively
- Understanding presentation mechanics –creating the right environment and using the best medium for your message
- Ensuring audience engagement and optimal outcomes



**Progress.**

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This workshop is designed to allow for maximum involvement and practice in a very safe and supportive environment. Ideally conducted with a maximum of 12 over two full days to allow continual practice, coaching and positive encouragement, it can be held as a one day intensive with smaller numbers.

Constructive feedback, positive self-analysis, coaching and an attitude of continual improvement are the development tools most utilised.

## Why Progress Training Works

### **Progress Program Design and Methodology**

At Progress Training Systems we undertake extensive briefings and orientation activities with clients to ensure we understand your corporate culture, terminology and procedures. We conduct diagnostic evaluations to enable us, in partnership with you, to tailor and customise the selected program to suit your organisation's style, services and other development activities.

In our own experience, a lot of time and money can be wasted on development programs that don't work. We want to achieve results, for our clients primarily - but also for our own satisfaction, reputation and referral business. We know that the only effective behavioural change occurs over time, with good on-the-job coaching and support. We work hard to create clarity of role and purpose, to define and impart skills through practical and memorable systems, and to ensure a lasting legacy that continues to achieve results long after we have left. Within client parameters, we build our programs on our own fundamental Progress Training Systems principles and philosophies.

Our programs are lively, interactive and enjoyable, providing valuable discovery - learning processes in a secure and friendly environment.

For further information on ways that Progress Training Systems can help your organisation Progress further, call today on +61 29527 2280 or email [admin@progress.com.au](mailto:admin@progress.com.au)